



PADDLING TIPS AND HOST PLANNING GUIDE

- 1. Members are strongly encouraged to regularly check the web site calendar for a full description of paddling activities and last minute changes.**
- 2. BPP will post any changes on the calendar up to 2 hours before the onset of an activity. brantpandp.ca**
- 3. If you are considering hosting a paddle you must be recently familiar with the waterway.**

WATER CONDITIONS

Water conditions are defined by the following factors:

Flat Water: A lake or body of water with little current. May be wind, choppy surface. Subject to changing conditions.

Moving Water: 1) Slow with some swifts 2) Fast with some rapids. May be obstacles.

PADDLING REQUIREMENTS

- 1. Ability to swim & tread water for at least 5 minutes.**
- 2. Basic paddling skills**
- 3. A properly fitted Personal Flotation Device (PFD)**
- 4. A tow/throw rope/ bail-kit**
- 5. Signaling device (whistle/mirror/air horn)**
- 6. All equipment in good operating condition**
- 7. Proper attire for anticipated conditions**
- 8. Equipped with adequate water(eco-friendly), snacks sun screen, hat, ID.**

Have you done a paddle that you would host? Does the location have rental equipment available? What are the costs to be considered?

You may use this form for planning purposes.

Email or Call:

PADDLING CO-ORDINATOR: Grace Telfer: [telfergrace@gmail](mailto:telfergrace@gmail.com) #519- 442-4058