



## **PADDLING TIPS AND HOST PLANNING GUIDE**

1. Members are strongly encouraged to regularly check the web site calendar for a full description of paddling activities and last minute changes.
2. As weather often causes paddling activities to to be delayed or cancelled, BPP will post any changes on the calendar up to 2 hours before the onset of an activity on the advisement of the co-ordinator/host. [brantpandp.ca](http://brantpandp.ca)
3. If you are hosting a paddle you must be familiar with the waterway and have researched conditions just prior to your chosen date.

### **WATER CONDITIONS**

Water conditions are defined by the following factors:

**Flat Water:** A lake or body of water with little current. May be wind, choppy surface. Subject to changing conditions.

**Moving Water:** 1) Slow with some swifts 2) Fast with some rapids. May be obstacles eg rocks, snags, eddies, making a spray skirt advisable.

### **PADDLING REQUIREMENTS**

1. Ability to swim & tread water for at least 5 minutes.
2. Basic paddling and related safety equipment skills
3. A properly fitted Personal Flotation Device (PFD)
4. A tow/throw rope/ bail-kit/ spray skirt – advisable in fast water
5. Signaling device (whistle/mirror/air horn)
6. All equipment in good operating condition
7. Proper attire for anticipated conditions
8. Equipped with water canteen, bug and UV protection, snacks, hat, ID.

NOTE: Basic safety kits/equipment may be available for your use. Please check with your Paddling Co-ordinator.

EMAIL or CALL if you have questions or suggestions.

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